

November Newsletter



Giving a voice to Service Users in Swindon

Read about the amazing work we are doing in Swindon to **empower service users to speak** up and be a part of the changes they need to see in the service.

Read More

The power of lived experience

Meet Lianne, our Safeguarding and Quality Assurance Manager and the creator behind our Domestic Abuse programmes. Lianne's story is one of great strength and resilience. Through the company, she has used her negative experiences to help hundreds of people escape domestic abuse and live happy lives, free from harm.



Read More

Empowering people through education



Intuitive Recovery is our flagship course that has been delivered to over

40,000 people and it's still just as effective 19 years later!

Intuitive Recovery is an abstinence based, educational programme that gives

people simple and practical tools to say no to drugs, alcohol and gambling.

Read the amazing feedback we've received recently from some of our learners.



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